

## Lobbying for Social Change

One in Four works actively to bring about social and legislative change in relation to sexual violence.

We make detailed submissions to statutory committees and enquiries, lobby decision makers and engage in public debate and dialogue.

## On-line Support & Information

Our website is available twenty four hours a day, three hundred and sixty five days a year. The message boards are a vibrant section of the space which offer support and contact to those who may be struggling outside the hours when 'real time' support is available.

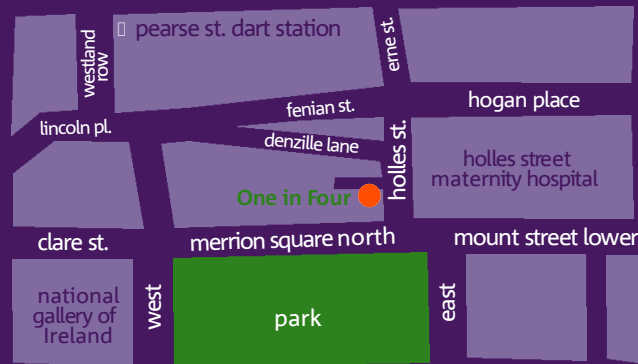
## How we are funded

It costs €1.2 million each year to provide our services. While we receive some state funding, €450,000 must be raised annually through fundraising events, generous donors and client contributions.

## Our Staff

One in Four is staffed by experienced accredited professionals.

## Map



## Contact Us

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2 Holles Street,  
Dublin 2.

T. 01 662 4070  
F. 01 611 4650  
E. [info@oneinfour.org](mailto:info@oneinfour.org)  
[www.oneinfour.org](http://www.oneinfour.org)



*Services and support for people who have experienced sexual violence*

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Registered Charity No. CHY 15289.

## About One in Four...

One in Four is a national charity which supports men and women who have experienced sexual violence either as children or as adults.

We offer a range of services designed to respond to the diverse needs of the people who contact us.

We aim to give voice to the experience of people who have been sexually abused. We work to bring about the social changes necessary to provide accessible services of the highest quality, and to transform the conditions under which sexual violence occurs and is tolerated.

## Psychotherapy

Individual therapy offers people an opportunity to explore and work through the impact of sexual violence on their lives in a confidential setting.

Group therapy allows the space to discuss and share mutual experiences in a caring environment.

Perpetrator Assessment and Treatment is available to people who have sexually abused others. It assists them to face the impact of their behaviour and to work towards change. This aspect of our work is crucial in protecting today's children from sexual violence.

## Family Support Programme

Sexual violence has an impact beyond the individual experience. Family members and friends who support victims often need help themselves. One in Four offers an Allies Support Group where family members and friends can exchange information, experiences and support.

Twenty five per cent of the people who contact One in Four have been abused within their family. In addition to treatment for the offender, we also offer family and couple therapy to family members affected by sexual abuse.

## Advocacy

Our dynamic advocacy service works to meet individual needs in whatever way may be necessary. We work with clients to empower them by providing clear accurate information about available services and to facilitate them in making informed decisions about their options.

We can:

- make contact with social or health services
- provide access to legal services, and support clients through the legal process
- if appropriate, liaise with the Gardai
- source medical services sympathetic to the needs of people who have experienced sexual violence

The client decides what steps to take and our advocates work only under their direction.